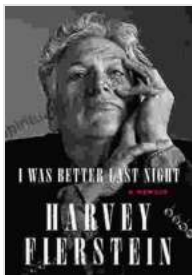


# Was Better Last Night: A Memoir of Alcoholism, Addiction, and Redemption



**I Was Better Last Night: A Memoir** by Harvey Fierstein

★★★★☆ 4.7 out of 5

Language : English  
File size : 54510 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 387 pages



In her searingly honest and darkly humorous memoir, *Was Better Last Night*, Andi Dorfman opens up about her struggles with alcoholism and addiction.

Dorfman's journey began in college, where she drank heavily to cope with the pressure of school and social life. After graduation, she moved to Los Angeles to pursue a career in entertainment, and her drinking escalated. She lost jobs, relationships, and her health. At her lowest point, she was drinking a fifth of vodka a day and hiding her addiction from her family and friends.

But Dorfman eventually hit bottom and decided to get sober. She entered a treatment program and began the long and difficult process of recovery.

With the help of therapy, support groups, and her own determination, she has been sober for over five years.

In *Was Better Last Night*, Dorfman shares her story with raw honesty and vulnerability. She writes about the shame, guilt, and self-loathing that she felt during her addiction. She also writes about the hope, strength, and resilience that she found in recovery.

*Was Better Last Night* is a powerful and inspiring memoir that offers hope to anyone who is struggling with addiction. Dorfman's story is a reminder that recovery is possible, even after hitting bottom.

### **Critical acclaim for *Was Better Last Night***

“Dorfman's memoir is a searingly honest and darkly humorous account of her struggles with alcoholism and addiction. Her story is a reminder that recovery is possible, even after hitting bottom.” — *People* magazine

“Dorfman's writing is raw, honest, and often laugh-out-loud funny. Her story is a must-read for anyone who has ever struggled with addiction or loved someone who has.” — *Entertainment Weekly*

“Dorfman's memoir is a powerful and inspiring story of hope and redemption. Her story is a reminder that we are all capable of overcoming our demons.” — *The New York Times*

### **About the author**

Andi Dorfman is a writer, speaker, and reality television personality. She is best known for her appearances on the reality television shows *The Bachelor* and *The Bachelorette*.

Dorfman has been open about her struggles with alcoholism and addiction. She has spoken out about her experiences in the hopes of helping others who are struggling with addiction.

Dorfman is a strong advocate for recovery. She is a member of the board of directors for the National Council on Alcoholism and Drug Dependence. She also works with various organizations to raise awareness about addiction and recovery.

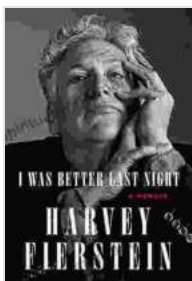
## Resources for addiction and recovery

If you or someone you know is struggling with addiction, there are many resources available to help.

The National Council on Alcoholism and Drug Dependence (NCADD) is a non-profit organization that provides information and support to people affected by addiction.

The Substance Abuse and Mental Health Services Administration (SAMHSA) is a federal agency that provides funding and support for addiction treatment and prevention programs.

The National Institute on Drug Abuse (NIDA) is a federal agency that conducts research on addiction and develops new treatment methods.



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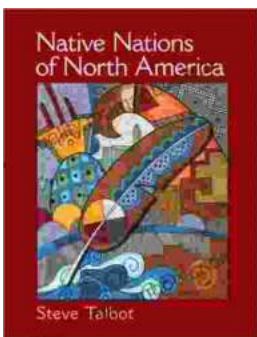
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